

Body Mass Index (BMI) Calculator for Children and Teens

The CDC BMI Calculator for Children and Teens is an accurate and easy-to-use tool for calculating body mass index and the corresponding BMI-for-age percentile for children and teens. The calculator presents numeric results, displays a graphic that shows the weight category for the corresponding BMI, provides a simple explanation of the results, and plots the BMI on a printable CDC growth chart. The site provides relevant links, answers to common questions, and general tips on achieving a healthy weight through good nutrition and physical activity.

BMI Percentile Calculator for Child and Teen

English | [Metric](#)

1. Birth Date:

month day year

2. Date of Measurement:

month day year

3. Sex:

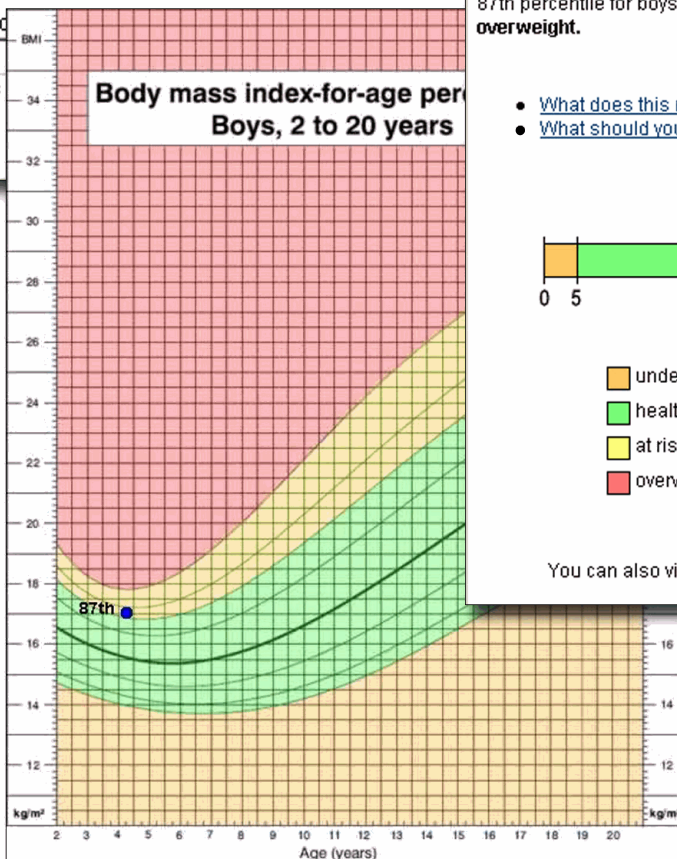
☐ boy ☐ girl

4. Height, to nearest 1/8 inch:

feet, inches, fractions of an inch
(12 inches = 1 foot; Example: 4 feet, 5 1/2 inches)

5. Weight, to

(8 ounces)



Calculate again: [English](#) | [Metric](#)

[Printable Version](#)

Information Entered

Age: 4 Years 3 Months

Birth Date: January 01, 2002

Date of Measurement: April 15, 2006

Sex: Boy

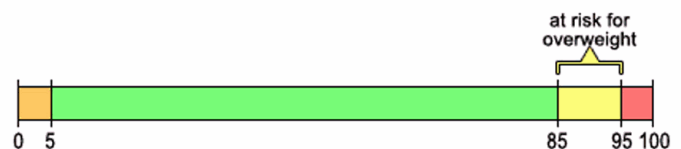
Height: 3 feet 2-1/8 inch(es)

Weight: 35-1/4 pounds

Results

Based on the height and weight entered, the BMI is 17.1, placing the BMI-for-age at the 87th percentile for boys aged 4 years, 3 Months. This child is **at risk of becoming overweight**.

- [What does this mean?](#)
- [What should you do?](#)



- underweight, less than the 5th percentile
- healthy weight, 5th percentile up to the 85th percentile
- at risk of overweight, 85th to less than the 95th percentile
- overweight, equal to or greater than the 95th percentile

You can also view these results on a [BMI-for-age Percentile Growth Chart](#)

To view BMI for Children
and Teens, visit
www.cdc.gov/bmi